

ARE YOU CONCERNED ABOUT THE MENTAL HEALTH OF YOUR AUTISTIC CHILD?

WE ARE HERE TO SUPPORT YOU

Partners in Parenting (PiP) Kids-Autism

You are invited to take part in a new personalised online parenting program that aims to prevent and reduce the risk of clinical anxiety and depression in autistic children. You will be offered:

- ✓ between 6 - 15 weekly online learning modules, depending on what topics may benefit your family (approx. 30 minutes per module)
- ✓ between 6 - 8 online parent coaching support sessions (1 hour)

As part of the program parents will complete online surveys before (50 mins) and after (50 mins) the parenting program. Some parents will also complete an optional 1 hour feedback interview after the program.



You may be eligible if you live in Australia and:

- You are a parent/guardian living with an autistic child (aged 8 - 12 years) who is still in primary education and speaking in multi word sentences (i.e. I am jumping on the trampoline);
- You can read and speak English;
- You have internet access;
- Your child is not taking any medication for anxiety or depression;
- Your child does not have a significant neurologic or metabolic disorder, chromosomal abnormality, motor or sensory impairment, a life-threatening medical condition, or require acute treatment or intensive intervention.

**Scan the QR Code or follow the link to find out if you
are eligible!**

Participants will receive an e-gift voucher as a thank
you for participating!

Questions?

pipkids-autism@monash.edu or 9905 9448



<https://redcap.link/pka>

MUHREC #40824