

# Opportunity to participate in research

A nationwide survey of autistic adults identified the ten most valued personal development topics for autistic adults in Australia. An Information, Linkages and Capacity grant from the Department of Social Services enabled Autism SA to develop a series of online self-paced modules for each of the personal development areas to guide autistic adults in navigating adulthood.

The online module topics are:

- Communication
- Friendships
- Romantic Relationships
- Entertainment & Leisure
- Physical Health
- Mental Health
- Self-advocacy
- Living Independently
- Education
- Employment

These online modules have recently been completed and when released they will be available to use free online. The University of Adelaide have been engaged to undertake an evaluation of the resource and the usability of the online platform.

The University research team are seeking the assistance of a group of participants to trial the modules and provide feedback using online surveys. The evaluation will occur between April and November 2023. Participants will be invited to choose a module of interest to them to complete within a two-week period.

**Participants will be invited on a voluntary basis and will be awarded \$100 honorarium per a module from the Autistics' Guide to Adulthood for their time and effort in completing the module, the exercises in the module, and research surveys.**

Once a module has been completed, participants may be invited to undertake further modules for which they will also receive an honorarium. To be involved in the evaluation participants need to have an autism diagnosis, be at least 18 years old, living in Australia, and have access to the internet and a device to complete the self-development modules.

If you would like more information about participating in the evaluation, contact Julia at [julia.harries@adelaide.edu.au](mailto:julia.harries@adelaide.edu.au). Follow this link to learn more about the research or to participate in the research: [https://adelaideunisop.syd1.qualtrics.com/jfe/form/SV\\_0C9nFKY1dlcrdNI](https://adelaideunisop.syd1.qualtrics.com/jfe/form/SV_0C9nFKY1dlcrdNI)

This research has ethics approval from the University of Adelaide.



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