

Community, Support & Inclusion Groups

# Next Step Program School Leaver Employment Support (SLES)



## What is 'Next Step?'

A skill development program focused on life, social and pre-employment skills for school leavers and adults.

## How Autism SA support me to achieve my goals?

Autism SA covers a wide range of skill building exercises and will assist you to put these skills into practice. The program covers:

- Understanding your own interests, skills, likes and needs and effective communication;
- Setting goals and improving focus;
- Understanding transport options and promoting independent travel;
- Work training and skills assessments;
- Preparing for employment;
- Work experience;
- Understanding money/bill paying/budgeting;
- Effective and appropriate communication skills;
- Understanding employer expectations;
- Working as a team and how to effectively work with other people;
- Numbers, money and measurement;
- Personal presentation skills;
- Resume writing;
- Health and safety; and
- Work experience support.

## What will the program include?

- Autism specific content and support;
- Peer mentoring;
- Autism experienced facilitators;
- Social skills and pre-employment modules;
- Structured learning, fun and opportunities to practice skills gained; and
- Connections to further education, employment services and employers in the area.

## Who is the Next Step program for?

Next Step SLES is suited to school leavers who are interested in group based support to further develop life skills and to focus on skills relevant to employment. Next Step SLES is not a set program; it is a tailored set of modules intended to build skills and confidence while encouraging progress. The modules focus on key areas and skills required to pursue further education or work within voluntary or paid employment. The program is designed to enable individuals to feel confident and positive about their progress, options and goals. Supports are tailored to individual needs and completed over a period of up to two years.

## How do I access the program?

To access the Next Step SLES group, you can use your School Leavers Employments Supports or other NDIS funding. Other payment options can be discussed.

For general enquiries about Autism SA groups and services please contact Autism SA Pathways Consultants on:

1300 288 476 or [mypathways@autismsa.org.au](mailto:mypathways@autismsa.org.au)