Early Intervention Groups and Services

# Foundation Skills Group (FSG)

# What is Foundation Skills Group?

Celebrate your child's strengths and help them reach their full potential!

The Autism SA Foundation Skills Group offers your child all their therapeutic services and supports in a holistic, group-based therapy program. Our team of Speech Pathologists, Occupational Therapists and Educators value your child's strengths and interests and work together with you to support your child to build on their learning and development skills.

Throughout the Foundation Skills Group, your child will be supported with an individualised therapy plan to develop skills in communication, social interactions, movement, play, self-care and behaviour. You will also be assisted with coaching and support to transition the new skills learnt at the group to home and in the community.

During their day at FSG children are engaged in range of whole group, small group and 1:1 activities. These activities are incorporated into a daily routine much like a regular kindy day. This provides learning opportunities that are relevant, engaging and encourage the development of new skills that can be applied anywhere. Participation in a group also provides opportunities for supported positive social interactions with others.

#### **Group times**

Children attend the group between one and five days per week. Drop off is at 9am and pick up at 2.30pm. There are up to eleven children enrolled each day and they are supported by five staff.

# **Group locations**

Foundation Skills Group is offered at 3 locations around Adelaide.

## These locations are:

# Aberfoyle Park Community Centre

1 Jessica Street Aberfoyle Park Wednesdays and Fridays

# 257-259 Grenfell Road, Redwood Park Monday to Friday

**Redwood Park Centre** 

# **Netley Centre**

1/256 Marion Road Netley Monday to Friday

# **Testimonial**

"(Our child) really enjoys Foundation Skills Group, so it makes learning fun!"

- Parent





#### Cost

NDIS Funding can be used for the program. You may also elect to pay fee for service.

Specialised Group Early Interventions \$71.13 per hour for a 5.5 hour day. This equates to \$391.19 per day.

Included for no additional charge is:

- Intensive toilet training program including support for parents and other education providers;
- Implementation and maintenance of communication systems and supports;
- Development of visual supports and other resources for use at home;
- Development of positive behaviour support strategies;
- Group information sessions each school term;
- Development of strategies and resources to support mealtime management;
- Individualised coaching and support; and
- Regular updates on your child's progress.

Progress reports are prepared at a rate of \$213.39 per hour. Allow up to two hours to prepare a progress report. Standardised assessments, including mealtime assessments, may be conducted upon request at a rate of \$213.39 per hour. Allow up to four hours for most standardised assessments.

Foundation Skills Group aligns with the current NDIS price guide and fees are subject to change.

Register your interest for the Foundation Skills Group Program at:

https://autismsa.snapforms.com.au/form/foundation-skills-group

For general enquiries about Autism SA groups and services please contact Autism SA Pathways Consultants on: 1300 288 476 or <a href="mailto:mypathways@autismsa.org.au">mypathways@autismsa.org.au</a>

#### **Testimonial**

"It is a wonderful group run by passionate, talented and caring therapists and educators. It's easy to see they enjoy what they do and care about the wellbeing of our children"



