

# How do I get an autism assessment?

If you, your child, or someone you know is displaying some of the signs and characteristics associated with autism, an assessment by the Autism SA Diagnostic Team can be conducted to help answer whether the individual is on the spectrum or not.



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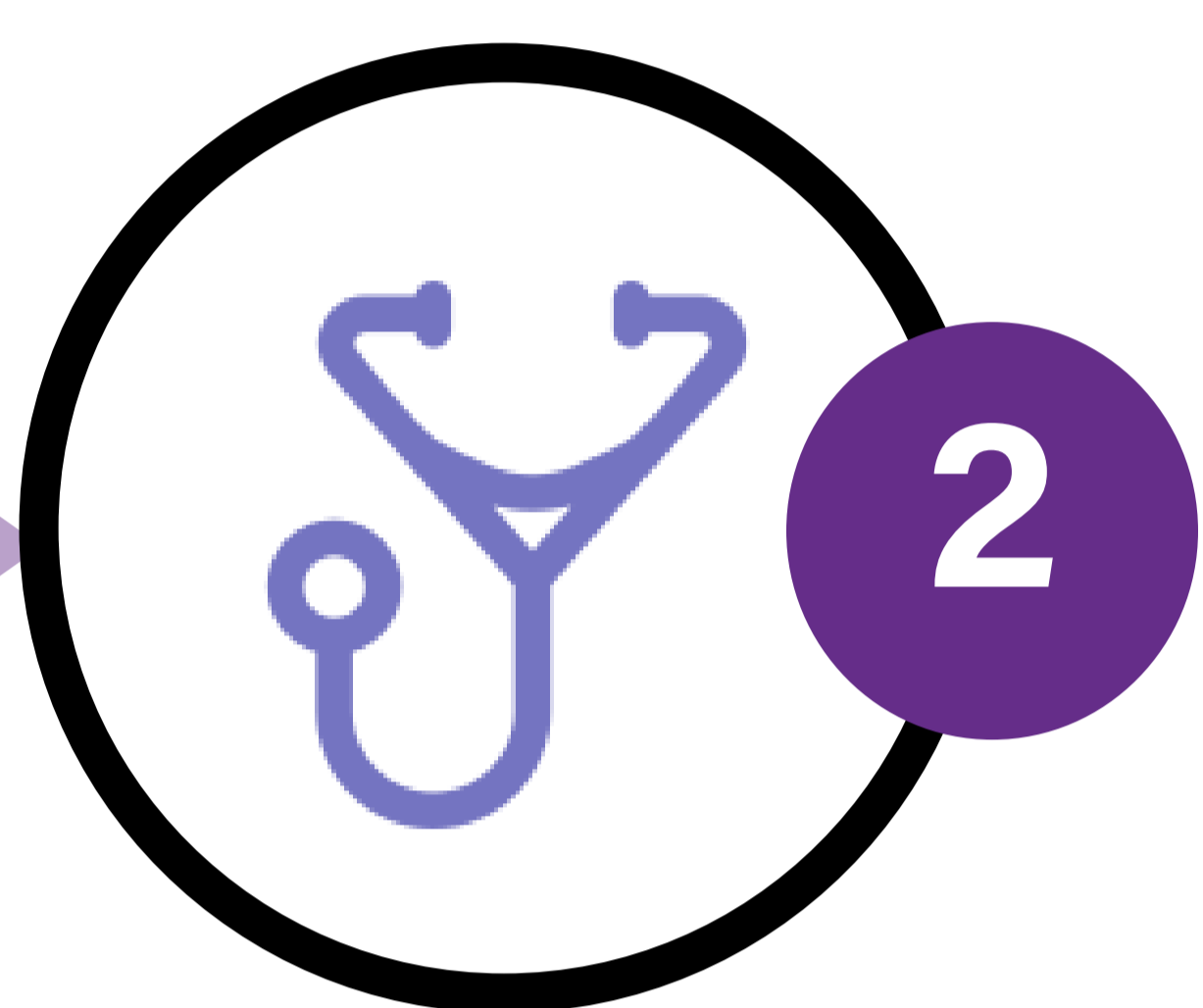
## Self-referral to Autism SA

You can make a self-referral to Autism SA if you are the parents or carers of a child, or on your own behalf if you are an adult. All referrals must be in writing.

You can make a self referral in a number of ways:

- Complete an online referral form;
- Complete a hard copy of the referral form and post it to Autism SA;
- Telephone the Diagnostic Team via the Autism SA Infoline, and they can email or send you a referral form; or
- Email the Diagnostic Team.

or



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## Referral by a healthcare professional

GPs can be an important part of the referral process for an autism assessment, and may undertake screening and observations to determine whether an assessment for autism is appropriate, or to help them rule out other possible health or developmental issues.

If your GP or another healthcare professional decides to make a referral to Autism SA on your behalf, they will be required to complete a Diagnostic Assessment Referral form, and so will likely need your assistance with some of the background information the form requires.



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## Diagnostic Assessment Referral form

The Diagnostic Assessment Referral form (both online and hard copy) is designed to be simple and straightforward to use. A parent, carer or an individual who wants an assessment can complete the form, or it can be completed with the assistance of, or by, a medical, allied health or education professional.



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## Information

Once your Diagnostic Assessment Referral form has been received, a package of information will be sent to the relevant parent, carer or individual seeking an assessment.

This will include a letter detailing:

- Approximate waiting time for an assessment;
- An explanation of the diagnostic assessment process;
- The information that is required in the accompanying questionnaire and why this is needed; and
- The fee charged for the assessment.



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## Questionnaire

As part of your information package, you will also receive a consent for services form and a questionnaire.

For children, there will also be a separate questionnaire which should be given to your child's teacher, childcare worker, support worker, special education teacher or school counsellor to complete.

In the case of adults requesting an assessment for themselves, there is a questionnaire for you to complete, and it is also requested that a member of your family or someone who knows you very well also complete a questionnaire.



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## Appointment

Once you have returned the questionnaires completed in full and the consent for services form, you will receive a letter from the Diagnostic Assessment Team. This will include:

- The date, time and location of your assessment;
- Travel and parking details;
- A fee schedule;
- A date by which you must confirm that you accept the allocated appointment time and date;
- How long your assessment is expected to take;
- A brief outline of what to expect as part of the assessment; and
- Other information that you should provide at the assessment (if possible).



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## How much does it cost?

The cost of a diagnostic assessment will vary depending on the age of the individual and the type of assessment required. The current fees are as follows:

- Multi-disciplinary assessment for individuals under 18: \$1,000
- Multi-disciplinary assessment for individuals over 18: \$600
- Confirmation of diagnosis for individual of any age: \$500

## To find out more

Call us on the Autism SA Infoline to find out more about getting a diagnostic assessment:

- 1300 AUTISM (1300 288 476)

Email My Pathways to request a Diagnostic Referral Form:

- [mypathways@autismsa.org.au](mailto:mypathways@autismsa.org.au)